



LITTLE HEARTS IMPACT REPORT

YOU GIVE. WE DELIVER.

JAN-JULY 2021
EGYPT AND KENYA MISSIONS





**"AND WHOEVER SAVES
THE LIFE OF A PERSON IS AS
IF HE HAS SAVED THE LIFE OF THE
WHOLE OF HUMANKIND.."**

(SURAH MAIDAH, VERSE 32)

YOUR SUPPORT DRIVES US

Salam,

As I am writing this message, the first words that come to my mind are, thank you. May Allah reward you immensely, accept your actions and give you ten times more, ameen.

The last couple of years have been the most challenging for all of us. Humanity at all levels has suffered. Hundreds and thousands of people have lost their lives, economies shattered, and people living on the margins have been pushed even further to the edge and are now facing ever-greater threats to their livelihoods.

We had our fair share of challenges during these unprecedented times, but Alhamdulillah, we survived and carried on serving vulnerable communities across the world.

Our Little Hearts programme took a particular hit during the pandemic as it is particularly vulnerable to travel restrictions. Our team comes from different parts of the world to help children with congenital heart defects. As the Covid-19 pandemic brought global travel to a virtual halt, we had to postpone several planned deployments during 2020 and 2021.

“ Alhamdulillah, with a successful rollout of the global vaccine programme and regular activities resuming to some sanity, we are doubling our efforts to help more children this year. Serving humanity – is at the core of what we do. ”

Earlier in the summer, with the grace of Allah and your unwavering support, we managed to take our Little Hearts missions to Egypt and Kenya respectively where we helped at least 80 children suffering from various types of congenital heart defects. As we start arranging this report, our team plans to travel to three more countries this autumn to help hundreds of children suffering from this crippling but treatable condition.

This booklet is an acknowledgement to our donors, volunteers, supporters, colleagues, our international team, and the children we were able to support. The verses constantly resonates with our work as Allah says: ..And whoever saves the life of a person is as if he has saved the life of the whole of humankind..

(Surah Maidah, verse 32)

“ Once again, thank you for your support, may Allah accept it and write in your scales of good deeds and allow you to save more lives, ameen. ”



Naif Sheikh

IT WAS WORTH ALL THE TROUBLE!

I have been a part of the Little Hearts team for eight years now.

From arranging the team of international doctors and other medical professionals to dealing with various state bureaucracies to shipping equipment, delivering Little Hearts missions under normal circumstances can be very challenging. But, the tests the Covid-19 pandemic presented came from a different level altogether.

For starters, it made everything unpredictable. It added new layers of bureaucracy both in the UK and internationally to our already complex scheduling systems.

As the Covid-19 pandemic started to spread in early 2020, we had to postpone missions due to various national lockdowns and travel restrictions imposed internationally. Lack of vaccination against this deadly virus meant it was unsafe to travel with a team during the summer as the virus continued to spread and mutate.

With the successful rollout of the Covid-19 vaccination programme earlier this year, the international travel looked promising, but with it came a plethora of complexities of traffic light system vaccine certifications and quarantine rules.

Our Little Hearts team is diverse. During the early stages of our mission to Egypt, we tried to manoeuvre through quarantine rules of four different countries, including Egypt, where national lockdown varied from region to region.



Mission to Kenya threw a different set of challenges altogether. It was a red list country for the people travelling from the United Kingdom and the European Union. That meant a hotel quarantine for our team upon arrival in Kenya and another quarantine when they returned to their respective home countries.

A Little Hearts mission typically takes 7-10 days to complete, but these quarantine rules would have stretched the donation of each mission to a minimum three-week. With the tight schedule of our volunteer medical team, it was impossible to go ahead on that time scale. However, after a series of conversations with the Kenyan authorities, our team was granted exemption from these self-isolation rules.

When we look back, at one point, it almost looked impossible to deliver these missions, but our desire to reach these children and the support we received from our donors during these challenging times kept us going. In the end, we were able to help over 80 children who were waiting for these interventions for over a year now.



Given an option, we would have preferred less hassle, but was it worth all the trouble? Without a shadow of a doubt, the answer is yes.

The following pages are a testament of our shared desire to help these children and secure their future.

Thank you so much for your unwavering support.

Kabir Miah

Programmes Manager
Muntada Aid

LITTLE HEARTS IMPACT REPORT 2021

JAN-JULY

66

INTERVENTIONS

22

HEART SURGERIES



LITTLE HEARTS CAMPAIGN

MOMBASA,
KENYA

26-30 JULY 2021

26

CATHETERISATION PROCEDURES

08

HEART SURGERIES

LITTLE HEARTS CAMPAIGN

QENA,
EGYPT

22 -29 MARCH 2021

34

CARDIAC CATHETERISATION
PROCEDURES

08

HEART SURGERIES



AMIR'S SMILE SAYS IT ALL

Until now, due to various personal and financial reasons, Amir's family were unable to provide him with the medical care he needed. When our team travelled to Kenya earlier this year, they carried out the necessary procedure on him. This successful intervention gives Amir an opportunity to fulfill his dreams and live a happy and healthy life.

This was possible because our donors and supporters' help us make these missions possible.



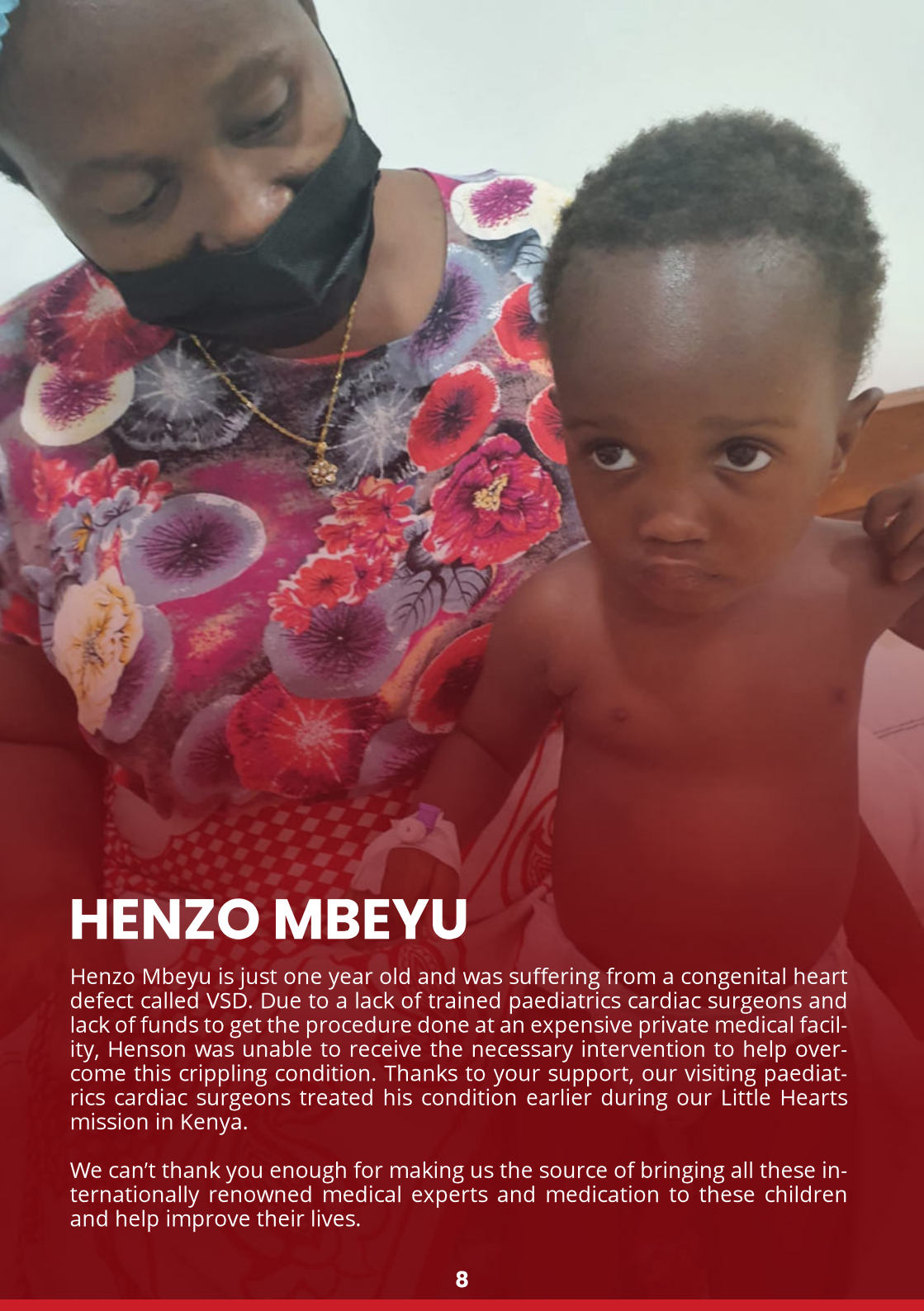
ASAD ABDUL KARIM

It is so good to see how your donations are helping us transform lives. Asad's condition was treatable, but due to lack of finances, and unavailability of paediatrics cardiac surgeons, he was unable to receive the medical care he needed. Thank you for your support, our internationally renowned team of paediatrics cardiac surgeons and specialist were able to treat his condition when they travelled to Kenya earlier this year.

We are only able to share these stories because you believe and support our Little Hearts project. Thank you so much for trusting us with your donations.

All of these procedures are free and are being offered to children and young adults from economically marginalised communities.





HENZO MBEYU

Henzo Mbeyu is just one year old and was suffering from a congenital heart defect called VSD. Due to a lack of trained paediatrics cardiac surgeons and lack of funds to get the procedure done at an expensive private medical facility, Henson was unable to receive the necessary intervention to help overcome this crippling condition. Thanks to your support, our visiting paediatrics cardiac surgeons treated his condition earlier during our Little Hearts mission in Kenya.

We can't thank you enough for making us the source of bringing all these internationally renowned medical experts and medication to these children and help improve their lives.



MEET VIVIAN

We cannot thank you enough for your unwavering support. Your support means that we are able to help children like Vivian. She was the first child that was treated by our team after arriving in Kenya. She is just three years old.

Our Little Hearts missions provide free lifesaving heart interventions to children living with CHD.

LITTLE HEARTS

PROGRAMME IMPACT

2256

TOTAL NUMBER OF
OPERATIONS

10

COUNTRIES

EGYPT



MAR 17, SEP 18,
JUN 19, MAR 21

MISSIONS

64

OPEN HEART
OPERATIONS

121

INTERVENTIONS

270

GRAND TOTAL

TANZANIA



MAY 15, APR 16
DEC 17, DEC 18

MISSIONS

193

OPEN HEART
OPERATIONS

159

INTERVENTIONS

352

GRAND TOTAL

KAZAKHSTAN



MAY 17

MISSION

12

OPEN HEART
OPERATIONS

19

INTERVENTIONS

31

GRAND TOTAL

MOROCCO



DEC 11, SEP 13
FEB 17, APR 18

MISSIONS

45

OPEN HEART
OPERATIONS

64

INTERVENTIONS

200

GRAND TOTAL

SUDAN



MAY 12, JAN 14
OCT 15, MARCH 16
OCT 17, FEB 18

MISSIONS

99

OPEN HEART
OPERATIONS

255

INTERVENTIONS

627

GRAND TOTAL

BANGLADESH



OCT 14, MAR 15
MAY 17

MISSIONS

101

OPEN HEART
OPERATIONS

67

INTERVENTIONS

269

GRAND TOTAL

YEMEN



MARCH 13

MISSION

64

GRAND TOTAL

BANGLADESH
CARDIAC PROGRAMME



MAY 16, JUN 18
JAN 19

MISSIONS

313

GRAND TOTAL

MAURITANIA



MAY 14

MISSION

28

GRAND TOTAL

LIBYA



MARCH 19

MISSION

51

GRAND TOTAL

UGANDA



NOV 19

MISSION

14

GRAND TOTAL

MEET AMAZING LAILA

It is fantastic to see how a small donation can transform lives in such beautiful ways.

In March, our Little Hearts team travelled to Qena, Egypt, and treated Laila (1). She was suffering from the condition of Patent Ductus Arteriosus.

Laila's ailment was diagnosed at birth. Her father works as a daily labourer, and his financial situation, which was already feeble, has suffered further due to the ongoing coronavirus pandemic.

The local hospital informed the family about our mission. Her intervention was successful. All of this was possible because of your support.



THANK YOU FROM QENA!



FATIMA
AGE: 6 YRS OLD



ABDARRAHEEM
AGE: OVER 18 YRS OLD



SHIMA
AGE: 18 YRS OLD

THE UK'S FIRST HIJRAH RIDE



Muntada Aid, in partnership with H&K Cycle Club launched the UK's first Hijrah Ride from Mecca to Madina in July.

This spiritual bikeathon is due to take place in November (subject to Covid restrictions), where 40 bikers from various parts of the UK will ride from Mecca to Madina in support of our Little Hearts, which provides free treatment to children from underprivileged backgrounds suffering from congenital heart defects in Africa and Asia.

The team has so far raised over £110K for this project.

If you would like to support our Little Hearts campaign, please email h.hajah@muntadaaid.org.



BE A PART OF LITTLE HEARTS CAMPAIGN. GET ACTIVE!

Help Children with Congenital Heart Defects.

Muntada Aid has partnered with some of the biggest mass sporting events in the country. Be a part of our team, get involved and help children with CHD.

For more information, please
visit muntadaaid.org, or call us at **02071180777**.

SCAN TO LEARN MORE

