



Impact Report 2022

Muntada Aid
was able to serve
**over
262,000**
people in 22 countries.

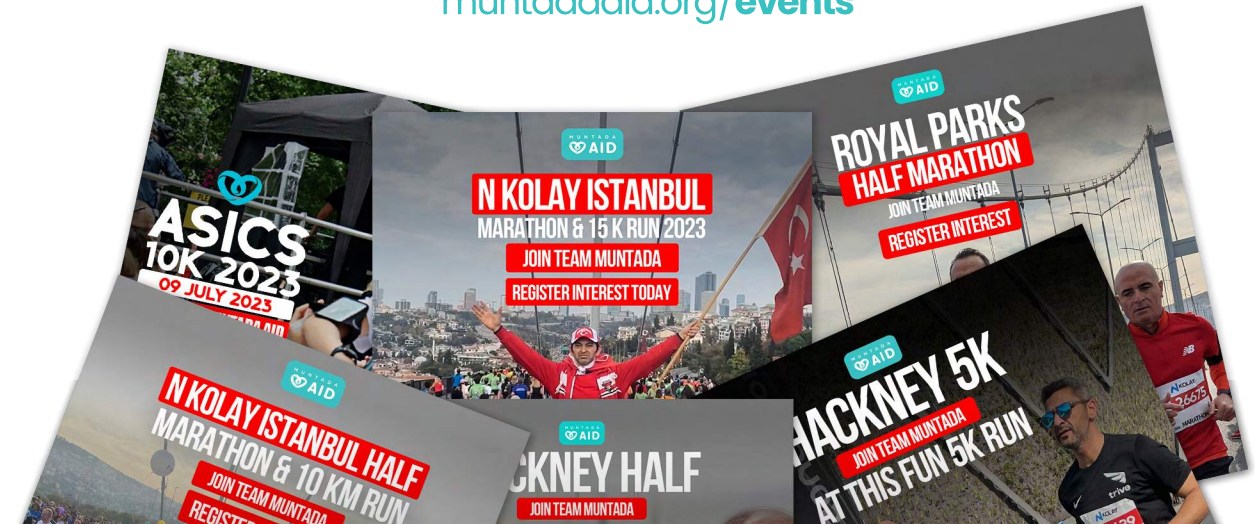


You Give. We Deliver.



IN 2023, JOIN
TEAM MUNTADA AID.
GET ACTIVE.
HELP HUMANITY.

muntadaaid.org/events



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MUNTADA AID, FOURTH FLOOR, LMC BUSINESS WING, 38 – 44 WHITECHAPEL ROAD, E1 1JX.
REG CHARITY NO: 1157117 EMAIL: INFO@MUNTADAAID.ORG



You Give. We Deliver.



In the Name of Allah, Most Merciful, Most Compassionate.

Asalamu'alaikum Warahmatullah, Peace and blessings are with you.

After the tumultuous years of the **Covid-19 pandemic**, we were hoping for a more stable world. However, the ongoing war in Ukraine and the rise in global energy and food prices have again pushed the world economy into uncertainty. In the United Kingdom, domestic politics and the global financial situation have spiralled into an economic recession and the worst cost of living crisis since World War II.

Despite this emerging situation, our focus remained on serving the most vulnerable people in Africa and Asia. With a lot of pride, we can say that 2022 has been one of the most productive.

We were able to serve over 262,000 people in 22 countries.

This achievement comes with a series of changes we have been making in the background for the last few years. The sole aim behind these adaptations was to build efficiency within our delivery and operational mechanics so that we can fulfil our promise, "**You Give. We Deliver.**"

This commitment is now driving every aspect of our day-to-day operations.

An example of this transformation can be seen in our Drop of Life Programme. Earlier we would take 6-8 months to complete a water project. We complete most of these projects within eight weeks, and most donors receive the full completion report, with pictures, videos and stats, within ten weeks. The same principle holds for health, food, education, capacity building and emergencies.

Another area we have been working on is engaging with the community through sports.

In partnership with **H&K Cycle Club**, we successfully organised the world's first and only Hijrah Ride. Over **30 riders** from various parts of the United Kingdom participated in a cycle ride from Mecca to Medina. These fantastic riders raised over **£125,000**, funding over **70 children's heart operations** in Kenya and Egypt. Over the year, we participated in various sports activities here in England and Turkey. What a fantastic experience this has been.

Alhamdulillah, I have been able to work with an excellent team, and the results have motivated us to work towards assisting those in need of our support. We aim to expand our relationships and focus on long-term sustainable programmes.

I want to use this opportunity to thank everyone who believed in our work and entrusted us with their donations.

This Impact Report aims to highlight in detail how your donations have helped communities in some of the world's most vulnerable areas.

Thank you for believing in our mission.

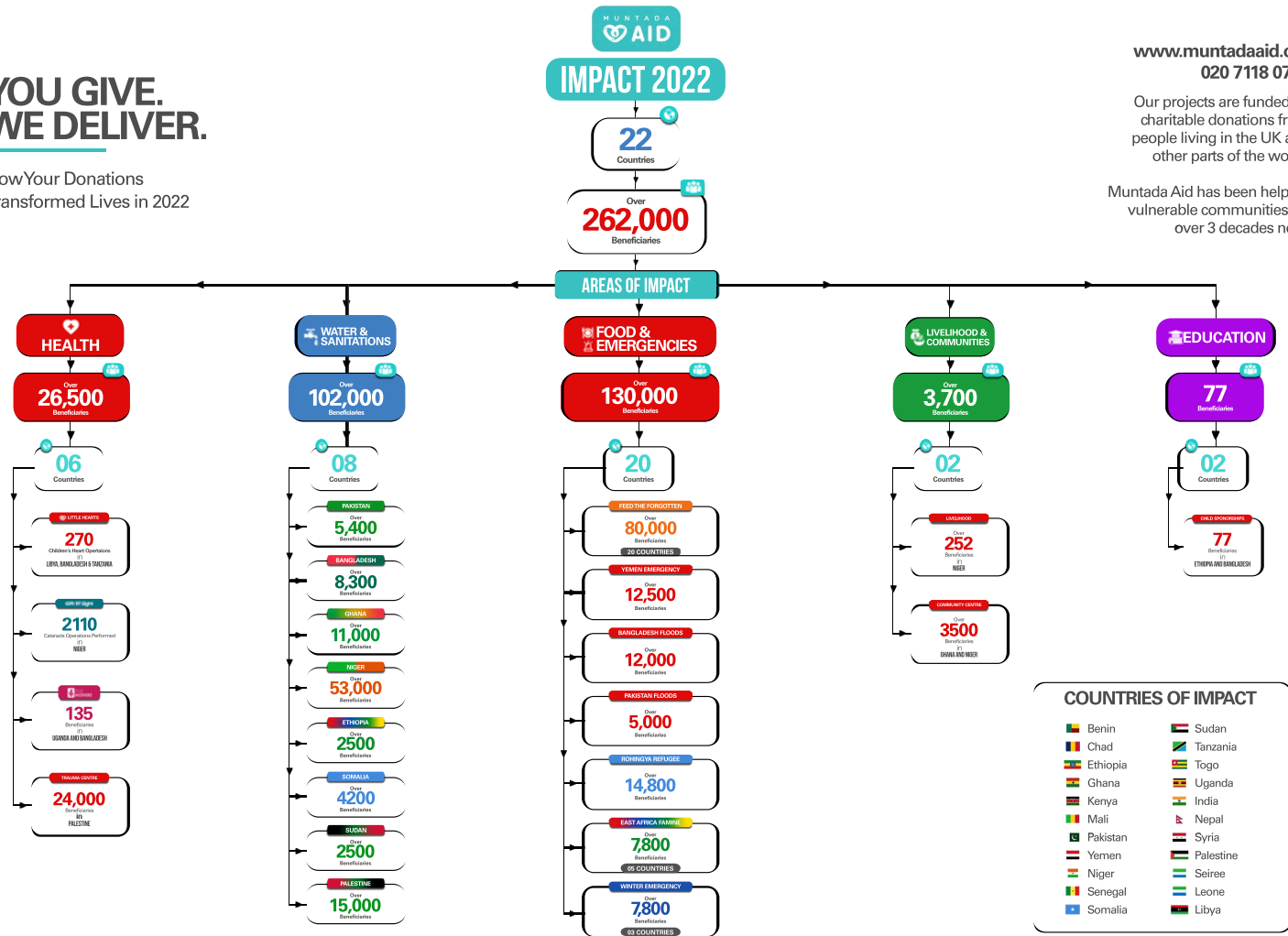
Naif Sheikh, GM

General Manager
Muntada Aid



YOU GIVE. WE DELIVER.

How Your Donations
Transformed Lives in 2022



www.muntadaaid.org
020 7118 0777

Our projects are funded by charitable donations from people living in the UK and other parts of the world.

Muntada Aid has been helping vulnerable communities for over 3 decades now.



You Give. We Deliver.

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Little Hearts

About Congenital Heart Defects

An estimated **1.5 million** children are each year born with a congenital heart defect globally.

10%
BABIES BORN
WITH CHD DO
NOT SURVIVE
THEIR FIRST
YEAR OF LIFE.

1000s
MORE DIE
AND DON'T
REACH
ADULTHOOD.

In poor underdeveloped countries, the lack of specialized medical infrastructure means babies born with **congenital heart defects** have little or no access to necessary treatment.

Muntada Aid believes ignoring this deadly killer is tantamount to a death sentence for the many children born with this disease.

Most of these conditions can be fixed, but children suffer due to **a lack of resources, infrastructure, and specialist medical staff.**

We are committed to **children with CHD** and provide them with an opportunity for a healthy life.



About Little Hearts

Little Hearts is Muntada Aid's flagship project and was **launched in April 2012.**

We provide free life-saving heart surgeries to children with congenital heart defects from underprivileged backgrounds irrespective of gender, race or religion.

Since 2012, we have carried out **40 missions in 12 countries.** During these deployments, we have performed over **25,00 cardiac interventions and surgeries.**

Our missions are free from the point of contact.



My Grandson –
Aaron Mazuri is well now. He goes to school without any problem.



Little Hearts Impact 2022

In 2022, our Little Hearts team performed **270 children's heart operations** during **5 missions** in **3 countries.**

Missions	No. of Beneficiaries
Tajoura, Libya	49
Dhaka, Bangladesh	62
Tajoura, Libya	52
Dhaka, Bangladesh	5
Dar- es-Salam, Tanzania	63
Elbeida, Libya	34
Dhaka, Bangladesh	5

Total
5+ 1 Permanent Prog.

270

Maryam ... The Joy of Life

Maryam's family shared this beautiful picture of her with us in December 2022. In this picture, she is six years old.

We are delighted to see her grow into this beautiful young girl.

We first saw Maryam in 2018. She needed open heart surgery and had no access to that kind of treatment in Somalia.

After various deliberations and delays, we managed to get her to Egypt, where our Little Hearts team treated her.

We wish her all
the **success and luck!**

We can only **share stories**
like **Maryam's** because you
believe in our mission that
Every Heart Deserves to Beat!



Little Hearts in Tanzania

In 2022, our Little Hearts team were on their sixth deployment in Tanzania. It was their 40th deployment overall. During this mission, our team performed 65-life saving heart procedures, taking the total number of operations and interventions to 2558 in 12 countries.

With your support, we have saved 270 children in three countries in 2022. The fact is that without our Little Hearts programme travelling to these countries, these children will struggle to receive treatment for this crippling and dangerous condition.

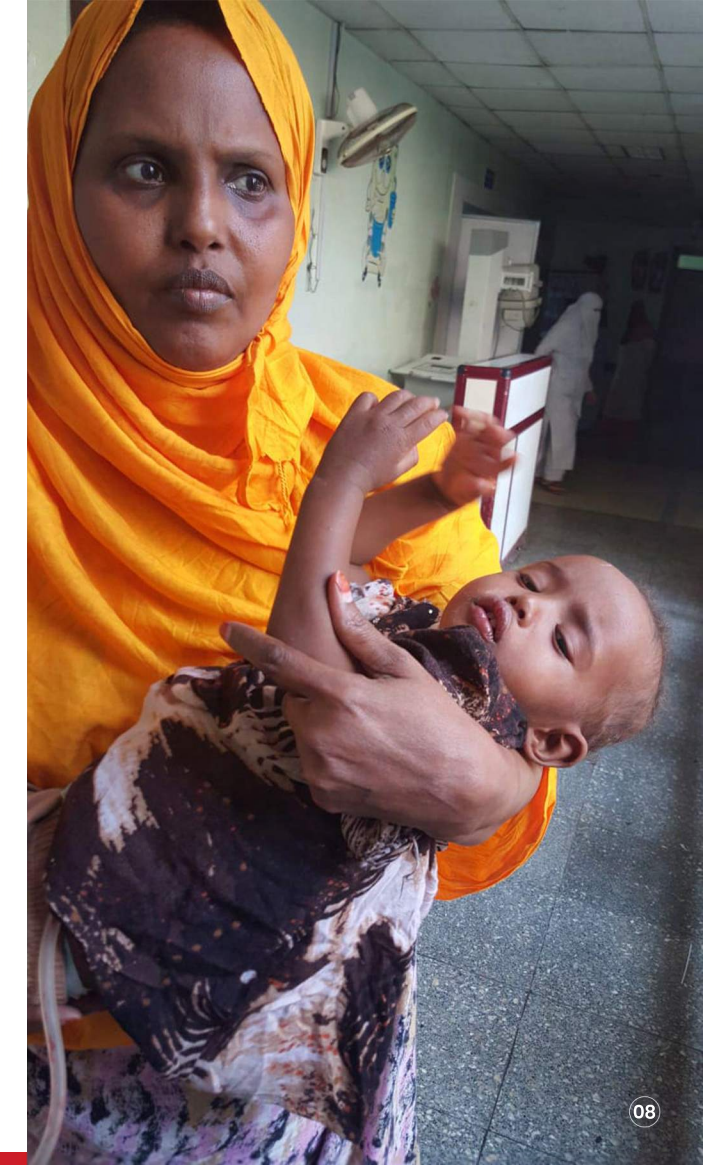
The mission started on the 09th of October at Jakaya Kikwete Cardiac Institute, Muhimbili Hospital, United Nations Road, Dar es Salaam.

For this mission we had managed to assemble a team of international specialists from four different countries. It was our 6th deployment in Tanzania.

"We performed 65 operations during the seven-day mission. During our previous deployments in Tanzania, we have saved 352 children. This East African nation is still economically poor, and hundreds of children are on a waiting list to receive these operations. The list keeps growing with inadequate health infrastructure and a shortage of specialist doctors."

said Kabir Miah, Programmes Manager, Muntada Aid.

All these operations are free to children from the point of contact and funded by donations made towards the Little Hearts programme from various parts of the world.



Safiya

The Art of Giving



How Your Donations Saved Safiya

Safiya (5) loves to pose for a frame. But, behind this addictive smile lies years of pain and lost childhood. She was first diagnosed with a Congenital Heart Defect when she was just 2-months old. But due to a lack of financial resources and specialised medical care not available in the country, her parents could not provide her with the treatment she needed.

A local hospital in Libya informed her parents about our deployment in Tripoli country's capital last year. And after the initial assessment, she was operated for a medical condition known as an atrial septal defect (ASD). According to our team in Libya, her procedure went well, and she now has the opportunity to live and enjoy a healthy childhood.

Thank you so much
for making us the vessel to
support children like Safiya.



Yemen Emergency Appeal

About Yemen Crisis

Yemen conflict is now in the eighth year and country's socio-economic systems remain on the edge of total collapse. The impact of the escalating conflict in 2021 and the first quarter of 2022 resulted in increased displacement and further disruption of public services, pushing humanitarian needs higher.

More than
23.4 Million
People
need humanitarian
assistance & protection in Yemen

An increase of 13 per cent from what was already an alarming figure in 2021. With more than 4.3 million internally displaced people since 2015, Yemen remains one of the largest internal displacement crises globally."

“
Our **situation has improved** since we started receiving monthly food supplies from **Muntada Aid**.

Hanna Ahmed

What is Muntada Aid Doing?

Muntada Aid is in Yemen since 2020 providing food assistance to 150 families (Over 1000 people) at Taiz Refugee camp. Most of the people living at this camp are from the port city of Hodeidah after fighting erupted between the warring factions in 2018.



Muntada Aid Impact 2022

In 2022, Muntada Aid has delivered over

900,000
meals

to **150** Families

at **Taiz Refugee Camp**.

Since **June 2020**, Muntada Aid has delivered over

2 million
meals

to **these families** in Yemen.

Feed the Forgotten

About Feed the Forgotten

Through Feed the Forgotten, we provide people with food packs that can support a family of 5 up to a month. Our food parcels constitute wheat flour or rice (dependent on the country), pulses, cooking oil, dry milk powder, salt and sugar.

Countries:

 Bangladesh
 Benin
 Chad
 Ethiopia
 Ghana
 Kenya
 Mali
 Yemen
 Niger

 Nigeria
 Senegal
 Somalia
 South Africa
 Sudan
 Tanzania
 Togo
 Uganda

“
We thank and praise
Allah. **Muntada Aid**
has helped so much.
May Allah grant them
best of the rewards.

Abdullah Galib Salih



Muntada Aid Impact 2022

In 2022, Muntada Aid provided over

a **million**
meals

to over

80,000
People

in **17** Countries.



Hijrah Ride

The second edition of Hijrah Ride, also known as Hijrah Ride 1444, will take place between the 6-8th of February in 2023.

Thirty riders from various parts of the UK will be participating in an epic ride from the holy city of Mecca to Madina in 2023, supporting children suffering from congenital heart defects in Africa. These brave cyclists will ride for three days a distance of over 339 kilometres in some of the most challenging conditions for cycling.

Hijrah Ride is proud to support Little Hearts. Last year, Hijrah Ride funded over 70 life-saving heart operations in Kenya and Egypt. Hijrah Ride 1444 will continue on this legacy this year and support children suffering from congenital heart defects in Tanzania.

The London-based H&KCC has been one of the most dedicated and passionate supporters of Muntada Aid'S Little Hearts project. With their support, we have carried out three missions in Bangladesh, Kenya, and Egypt.

Over the last three years, the team has raised over £200,000 for Little Hearts. They are also supporting an education programme in East Africa and, earlier this year, funded 25 solar-powered water stations in Sub-Saharan Niger.

A JOURNEY
LIKE NO
OTHER



H&KCC National Ride 2022

Last year 160 riders from various parts of the United Kingdom participated in the 9th H&KCC National Ride from London to Clacton in support of communities that lack access to clean drinking water in Niger. The 80-mile-long course covered London's Whitechapel, scenic Essex and finished at Clacton-on-Sea. It was one of the gorgeous days of the summer for such a fantastic ride.

These riders came together to help remote communities access clean drinking water in Niger, where half of the population has no access to clean drinking water.

Because of their efforts, Muntada Aid is implementing 25 solar-powered water stations in 25 villages in Niger. These water stations will provide clean drinking water to an estimated 35,000 people daily.



Drop of Life

About Drop of Life

One of Muntada Aid's core values is providing dignity to people we support. Keeping that in mind, we aim to provide clean water solutions to people within their communities and ease off their burden of daily searching for freshwater resources.

About
**740 Million
People**

have **no access to safe drinking water** at all.

80% of all diseases are waterborne. (World Health Organization)

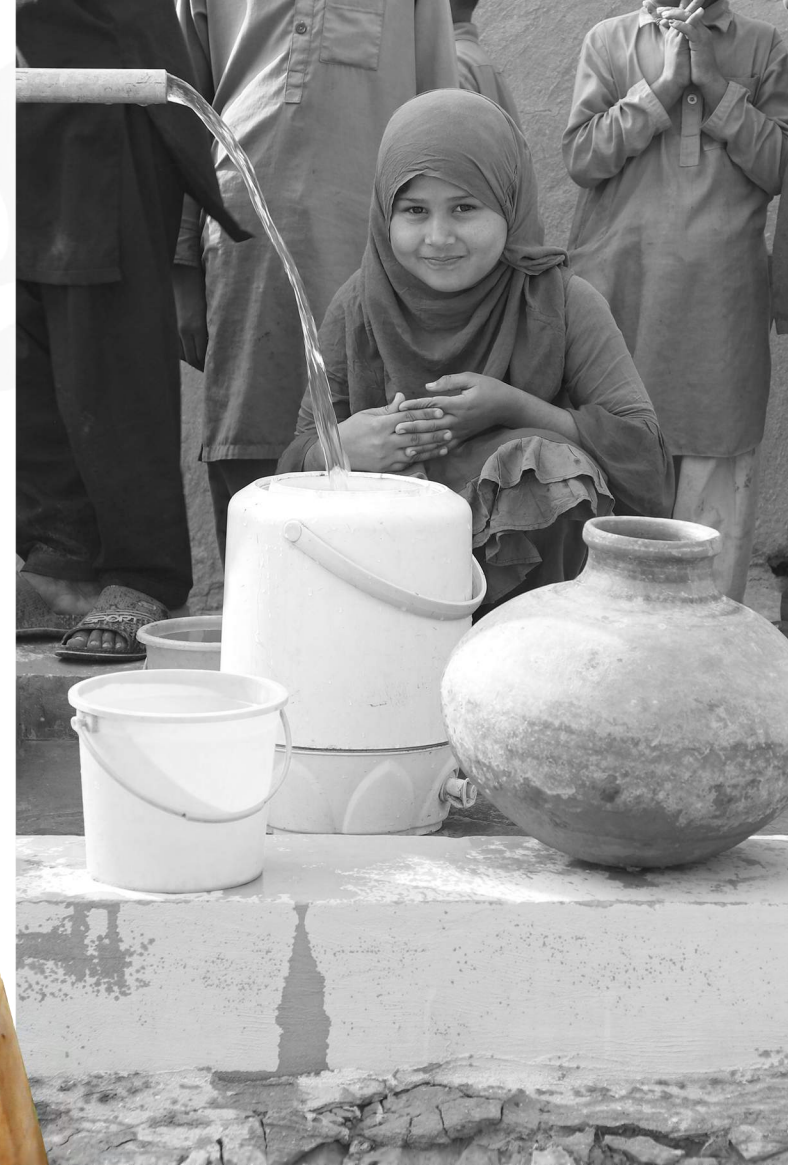
According to a report recently published by the World Health Organisation, women and girls are responsible for water collection in 8 out of 10 households with water off-premises.

“

Having clean and safe access to **clean drinking water** is such blessing.

Khateeja – Mother of Zainab

Delivery of this fundamental human right is the duty of the state. Still, in many countries, due to poor state infrastructure, lack of resources, overpopulation, scarce water resources, corruption and war, the national institutions cannot provide clean water to communities. During our work in Asia and Africa over the years, we found that the girl child and the women are at forefront for management of household water supply, sanitation, and health.



Muntada Aid Impact 2022

In 2022, Muntada Aid constructed 264 water wells & water stations, serving over

**102,000
People**

in **8 Countries.**

Programme	Total No.	Daily Beneficiaries
Tube Wells in South Asia	190	14,000
Medium Community Wells	36	14,400
Large Community Wells in Africa	16	13,600
Solar Powered Water Stations	35	45,000
Desalination Plants	2	15,000
	264	Over 102,000 Daily Beneficiaries



— Agnes

You Have the Power to Help Agnes

Every day 7 -year-old Agnes walks 8 kilometres to collect water for her family.

Each year, she walks over 3,000 kilometre barefoot to collect water contaminated with life-threatening diseases.

You have the power to change it.

In the last decade, Muntada Aid has provided clean drinking water solutions to over 1.7 million people in Africa and Asia.

Join Our Drop of Life campaign and support a child like Agnes.

Facts:

More people die from lack of clean drinking water than from all forms of violence combined... including war! (United Nations)

At present,
2.1 billion people have inadequate access to sanitation... with nearly a billion people practicing open defecation.

About
740 million people have no access to safe drinking water at all.

Illness & Disease:

Fully half of the hospital beds worldwide are occupied by someone suffering from a water-related illness.

Diarrhea is the leading cause of death for children under 5 worldwide and is entirely preventable.

80% of all diseases are waterborne. (World Health Organization)

Gift of Sight

About Gift of Sight

An estimated 5 million people are blinded by cataract each year.

Blindness affects more than

4%

of the population in parts of sub-Saharan Africa.

With your support, we are declaring a fight against cataract in sub-Saharan Africa.

What is Muntada Aid Doing?

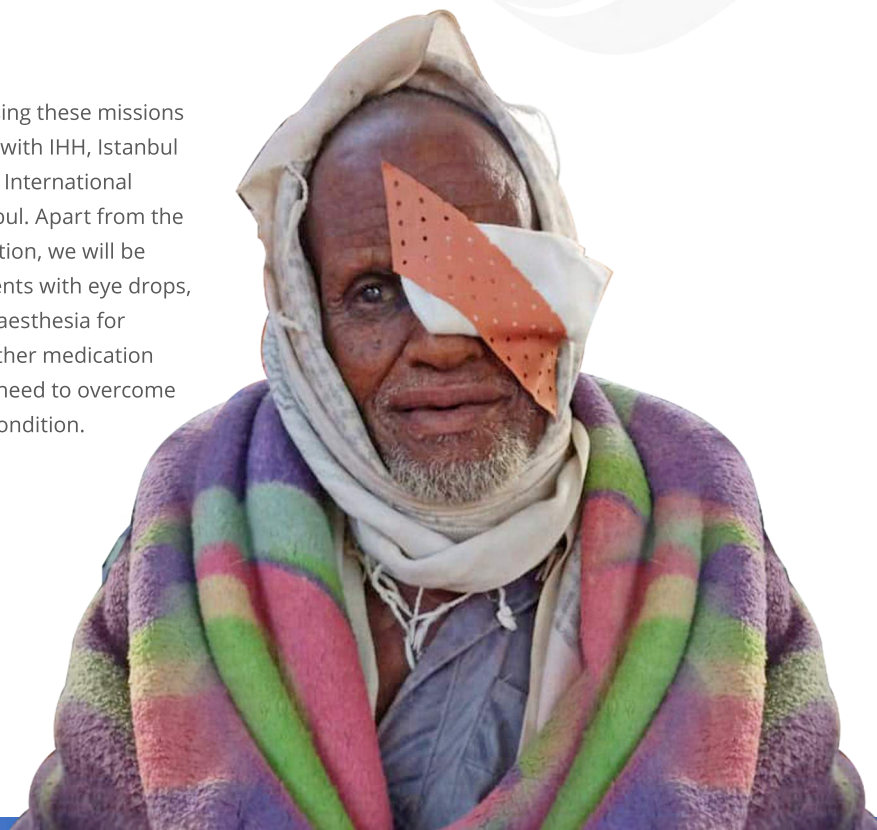
Our missions are uncomplicated, but their impact on individuals, families and communities is life transforming. Each successful cataract operation means independence, freedom of movement, working and seeing the faces of the family again.

“

He is the father of my children, and they are a part of him. So, the first person I wanted to see was him after my sight returned.

Maryam

We are organising these missions in partnership with IHH, Istanbul and Alliance of International Doctors, Istanbul. Apart from the cataract operation, we will be providing patients with eye drops, pain killers, anaesthesia for children and other medication that they may need to overcome this crippling condition.



Muntada Aid Impact 2022

In 2022, Muntada Aid carried out

6 Gift of Sight

deployments

treating

2110 People

in 3 Countries.

(Niger, Bangladesh and Uganda)



Emergencies

Pakistan Floods

The unprecedented floods in Pakistan during the summer of 2022, killed hundreds of people, over £35 billion damage to public infrastructure and agriculture and has left a trail of devastation that will take years to rebuild.

During this difficult period, Muntada Aid was on the ground serving people with food and water.

Bangladesh Floods

Dozens of people died, many of them young children, in the worst floods north-east Bangladesh has seen in more than a century. More than four million people have been left stranded.

A 2015 analysis by the World Bank Institute estimates about 3.5 million Bangladeshis are at risk of river flooding every year.

Muntada Aid was on ground helping some of the most vulnerable communities in the region.

Rohingya Crisis

Almost a million Rohingya are currently living in refugee camps in Cox's Bazar in Bangladesh. The Rohingya rely entirely on humanitarian assistance for protection, food, water, shelter and health, and they are living in temporary shelters in highly congested camp settings.

In 2022, Muntada Aid distributed hygiene parcels benefitting over 14,000 people.

East Africa Famine

East Africa is on the brink of famine. At least 10 million children are facing severe drought conditions.

Four failed rainy seasons in a row have killed livestock and crops – a vital life source. This has driven over 7 million people from their homes in search of food.

Soaring prices of food, fuel and fertiliser due to the Ukraine war has meant that crisis is building upon crisis.

Muntada Aid distributed monthly food packs benefiting 7800 People.



Muntada Aid Impact 2022

In 2022, Muntada Aid worked in

8 Countries

dealing with natural and manmade emergencies serving close to

40,000 People

Programme	Total Beneficiaries
Bangladesh Floods	1,200
Pakistan Floods	5,050
Rohingya Crisis	14,000
East Africa Famine	7,520

Winter Appeal

About Winter Appeal

Over 55 Million People Need Humanitarian Assistance in Pakistan and Yemen. Some of the countries like Pakistan and Yemen are one of the worst affected by climate change and war in 2022. Yemen conflict is now in the eighth year and country's socio-economic systems remain on the edge of total collapse.

Catastrophic rain linked to climate change has submerged large parts of the country, killing nearly 1,500 people and affecting roughly 33 million people. Homes, roads, railways, crops, livestock and livelihoods have been washed away in the extreme weather event.

Muntada Aid is providing food, winter clothing and fuel to help people in Yemen and Pakistan.



“

I have seen many, many humanitarian disasters in the world. But I have never seen climate carnage on this scale.

UN Secretary General Antonio Guterres



Muntada Aid Impact 2022

In 2022, Muntada Aid worked in

3 Countries

and served over

7,800 People

Programme	Total Beneficiaries
Syria	5000
Yemen	1400
Pakistan	1400
Over 7,800 Beneficiaries	

Livelihood Programme

About Livelihood Programme

Muntada Aid's livelihood programme is to empower women and communities by providing them with training and resources to build lives within their local ecosystems.

Goat Rearing

Initially, Muntada Aid provide five animals (goats) to farmers in rural communities in Niger. Besides receiving the animals, farmers also acquire basic training to look after goats. We quarterly check on families to see how they are doing and how we can further help their economic situation if needed.

Seamstress Training

We are providing six-month long training in tailoring to women in Niger. At the start of the training we provide women with sewing machines to help them train and establish their business.

“

We lease our farm from a local landlord, but a sustainable source of income will **significantly improve our lives.**

Khateeja – A tenant farmer in Niger



Muntada Aid Impact 2022

In 2022, Muntada Aid served over

3700
People
in **2** Countries.

Programme	Est. Total No. of Beneficiaries
Goat Rearing	Over 60 Farmers
Seamstress Training and Sewing Machines	192 Women
Community Center	3500

Our Mothers

About Our Mothers

The joy of being a mother is unmatched. It is one of the most significant act a human being can go through. It is critical for the continuity of human race. Yet every year, around 300,000 mothers, or mothers-to-be, die in pregnancy and childbirth. The research suggests that 99% of deaths are avoidable. Most of these deaths happen in developing countries. Sub-Saharan Africa carries the heaviest burden of these deaths.

Muntada Aid is committed to supporting the local communities to train and empower the maternal health practitioners and also provide mothers with vital medicines in Sub-Saharan Africa.

We are providing a comprehensive in-service training programme in these countries. This will help in creating a workforce with the capacity and capabilities to deal with the increasing demand in healthcare services.



Why Education Matters?

When people are able to receive a quality education they can break from the cycle of poverty. Education helps to reduce inequalities also empowers people everywhere to live more healthy and sustainable lives. Education is also crucial to fostering tolerance between people and contributes to more peaceful societies.

Muntada Aid's child sponsorship project aims to provide orphans and vulnerable children with education, meals provision, clothing, hifdh, and healthcare.



Muntada Aid Impact 2022

In 2022, Muntada Aid supported

135 Women & Midwives

with **training, medicine** and **technical support**

in **3 Countries.**

In 2022, Muntada Aid provided

77 Children

with **education sponsorships**

in **2 Countries.**