



Little
HEARTS

Little Hearts

EVERY HEART DESERVES TO BEAT!





**10% OF BABIES
BORN WITH
CHD DO NOT
SURVIVE THEIR
FIRST YEAR OF
LIFE.**

Why Little Hearts?

An estimated **1.5 million** children each year are born with a congenital heart defect globally. **10%** of babies born with CHD do not survive their first year of life. **1000s** more die and don't reach adulthood.

In poor underdeveloped countries, the lack of specialized medical infrastructure means babies born with **congenital heart defects** have little or no access to necessary treatment.

Muntada Aid believes ignoring this deadly killer is tantamount to a death sentence for the many children born with this disease. Most of these conditions can be fixed, but children suffer due to a **lack of resources, infrastructure, and specialist medical staff.**

We are committed to children with CHD and provide them with an opportunity for a **healthy life.** We are committed to children with CHD and provide them with an opportunity for a healthy life.





HEALTHCARE ORGANISATIONS

Little
HEARTS
Impact

12

Countries

44

Missions

2714

Little Hearts
Operations





CYCLISTS HELP SAVE THE LIVES OF 60 TANZANIAN CHILDREN WITH RIDE IN SAUDI ARABIA

Members of a London-based cycling club, who cycled from Makkah to Madinah in February to raise money to provide life-saving surgery for children with congenital heart defects, travelled to Tanzania earlier this year to meet some of the families and children they supported.

H&K Cycle Club raised an incredible £128,000 as 30 members of the club took on the gruelling challenge of cycling 350 miles from the holy cities of Makkah to Madinah – following in the footsteps of Prophet Muhammad who made the same journey, known as the Hijrah (migration).

Joining forces with the charity Muntada Aid and their Little Hearts project, the funds were used to provide surgeries for 60 children at the Jakaya Kikwete Cardiac Institute (JKCI), in Dar es Salaam, Tanzania.

Tanzania is the largest country in East Africa with a population of 61 million, 44 per cent of whom are less than 15 years old, making it one of the youngest populations in the world.

Congenital heart disease is the third leading cause of early death in children living in Tanzania, and access to adequate healthcare is scarce. For every 1,000 residents in Tanzania, there is only 0.02 physicians. In comparison, the United States has 26/1000.

Dr Naiz Majani, consultant pediatric cardiologist at JKCI, gave an insight into the impact the efforts of Muntada Aid and H&K Cycle Club has had at the hospital.

“This week is particularly special because we are helping many more patients compared to other weeks. When we are alone, in a day we’ll do one or two surgeries and three to four cath (cardiac catheterisations) procedures a week. This week, we have done 12 surgeries and 48 cath procedures,” said Dr Majani.

The medical team was led by Professor Dr Abdullah Erdem, a specialist in the field of Cardiology & Cardiovascular Surgery, at the Medipol Mega University Hospital in Istanbul, Turkey.

Prof. Dr Erdem ensembled a team of 16 pediatric heart specialists from Turkey, Egypt and Holland for this mission. Every single member of the medical team were there in a voluntary capacity.

They worked more than 12 hours each day for the five days they were at the JKCI, often working through their lunch breaks in order to help as many children as they could.

“We came here for the sake of God, for charity purposes. If you don’t help these children, maybe their life span will be very short or they will live in very uncomfortable conditions,” said Prof. Dr Erdem.

Soifur Rahman, one of the members of H&K Cycle Club, took part in the charity ride to raise funds for this mission. He was among the three cyclists that visited the JKCI to meet the families and watch some of the procedures being carried out.

“It’s been an eye opening experience, an emotional experience, to say the least. To witness first-hand the doctors from the foreign medical team and the local medical team working so hard together to provide these life changing procedures has been an incredible experience,” said Rahman.

**This article was first published in Easter Eye on the 23rd of May 2023.*



Save A Little Heart Today

A **monthly** donation of **£10** is the most effective way to support **Little Hearts**.

**DONATE BY
DIRECT DEBIT**



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